Marie Curie

I've just found out I have a terminal illness. What now?

I'm still grieving. Is this normal?

Dad wants to die at home. Can he stay there?

Whatever your question, we're here to help

Whatever your question, we're here to help

Whether you or someone close to you is living with a terminal illness or reaching the end of life, our trained team, including information and support officers, nurses, bereavement support specialists, energy support officers and trained volunteers, can give practical information and emotional support.

Covering all terminal illnesses, we can help with information on everything you need, from symptom management and day-to-day care to financial information and bereavement support.

Call our free Support Line
0800 090 2309*

Chat to us online
mariecurie.org.uk/support

Find information
mariecurie.org.uk/support

Order and download free booklets
mariecurie.org.uk/publications

Connect with others
community.mariecurie.org.uk

Speak to an Energy Support Officer
0800 090 2309*

* Your calls may be recorded for training and monitoring purposes.

Scan to visit our website

Charity reg no. 207994 (England & Wales), SC038731 (Scotland) M390w

Ni waeth beth yw'ch cwestiwn, rydyn ni yma i helpu

P'un a ydych chi neu rywun sy'n agos atoch yn byw gyda salwch terfynol neu'n cyrraedd diwedd oes, gall ein tîm hyfforddedig, gan gynnwys swyddogion gwybodaeth a chymorth, nyrsys, arbenigwyr cymorth profedigaeth, swyddogion cymorth ynni a gwirfoddolwyr hyfforddedig, roi gwybodaeth ymarferol a chymorth emosiynol.

Gan gwmpasu pob salwch terfynol, gallwn ni helpu gyda gwybodaeth am bopeth sydd ei angen arnoch, o reoli symptomau a gofal o ddydd i ddydd, i wybodaeth ariannol a chymorth profedigaeth.

Ffoniwch ein Llinell Gymorth am ddim
0800 090 2309*

Sgwrsiwch â ni ar-lein
mariecurie.org.uk/support

Dewch o hyd i wybodaeth
mariecurie.org.uk/support

Archebwch a lawrlwythwch lyfrynnau am ddim
mariecurie.org.uk/publications

Cysylltwch ag eraill
community.mariecurie.org.uk

Siaradwch â Swyddog Cymorth Ynni
0800 090 2309*

* Mae'n bosib y bydd eich galwadau yn cael eu recordio at ddibenion hyfforddi a monitro.

Sganiwch i fynd i'n gwefan

Rhif cofrestru elusen 207994 (Cymru a Lloegr), SC038731 (Yr Alban) M390w

Marie Curie

Rydw i newydd gael gwybod bod gennyf salwch terfynol. Beth nesaf ?

Rydw i'n galaru o hyd. A yw hyn yn normal ?

Mae dad eisiau marw gartef. A all aros yno ?

Ni waeth beth yw'ch cwestiwn, rydyn ni yma i helpu